

2016-01-09

DM Stockholm/Södermanland



OFFICIELLA RESULTAT

Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
H 55-			Intervallstart fri stil			
	1	1108	LINDGREN Jan-Erik	Turebergs IF	24:20.3	0.0
		M 1 - 3:49.9(1)	M 2 - 7:49.6(1)	M 3 - 11:55.8(1)	M 4 - 16:01.4(1)	M 5 - 20:08.1(1)
	2	1104	LORD Arne	IKJ Haninge	25:25.1	1:04.8
		M 1 - 4:04.5(2)	M 2 - 8:17.7(2)	M 3 - 12:46.4(2)	M 4 - 16:59.7(2)	M 5 - 21:08.9(2)
	3	1105	HYLANDER Ulf	SLK Oxelösund	26:20.3	2:00.0
		M 1 - 4:31.0(5)	M 2 - 8:55.8(5)	M 3 - 13:19.0(5)	M 4 - 17:40.7(4)	M 5 - 22:01.7(4)
	4	1103	YTTERMO Olle	IKJ Haninge	26:22.1	2:01.8
		M 1 - 4:14.6(3)	M 2 - 8:37.2(3)	M 3 - 13:05.6(3)	M 4 - 17:27.3(3)	M 5 - 21:53.6(3)
	5	1102	LINDAHL Gunnar	Sundbybergs IK	26:35.5	2:15.2
		M 1 - 4:21.1(4)	M 2 - 8:49.3(4)	M 3 - 13:18.8(4)	M 4 - 17:43.3(5)	M 5 - 22:10.0(5)
	6	1106	ANDERSSON Tomas	Torshälla-Nyby IS	30:04.8	5:44.5
		M 1 - 4:58.7(6)	M 2 - 9:59.7(6)	M 3 - 15:03.8(6)	M 4 - 20:03.5(6)	M 5 - 25:04.7(6)
H 50-			Intervallstart fri stil			
	1	1120	STRÖM Nicklas	Väsby SK	24:08.2	0.0
		M 1 - 3:46.2(1)	M 2 - 7:47.4(1)	M 3 - 11:51.0(1)	M 4 - 15:53.6(1)	M 5 - 19:59.1(1)
	2	1116	SUNDBERG Hans	IKJ Haninge	25:04.3	56.1
		M 1 - 3:52.9(2)	M 2 - 8:05.9(2)	M 3 - 12:19.9(2)	M 4 - 16:32.8(2)	M 5 - 20:50.1(2)
	3	1118	SVENSSON Magnus	Turebergs IF	25:21.4	1:13.2
		M 1 - 4:01.3(3)	M 2 - 8:15.3(4)	M 3 - 12:29.7(3)	M 4 - 16:47.7(3)	M 5 - 21:05.0(3)
	4	1113	ALBINSSON Björn	Väsby SK	25:43.2	1:35.0
		M 1 - 4:02.2(4)	M 2 - 8:11.8(3)	M 3 - 12:32.7(4)	M 4 - 16:51.4(4)	M 5 - 21:20.9(4)
	5	1117	SANDGREN Per	Nacka Värmdö SK	25:46.0	1:37.8
		M 1 - 4:08.7(5)	M 2 - 8:27.3(5)	M 3 - 12:40.5(5)	M 4 - 16:59.8(5)	M 5 - 21:25.6(5)
	6	1114	NEDERHEIM Oskar	IKJ Haninge	27:05.0	2:56.8
		M 1 - 4:19.1(7)	M 2 - 8:52.9(6)	M 3 - 13:26.9(6)	M 4 - 17:56.3(6)	M 5 - 22:31.4(6)
	7	1115	THYSELL Bjarne	Ärla IF	27:46.4	3:38.2
		M 1 - 4:16.5(6)	M 2 - 8:56.2(7)	M 3 - 13:36.4(7)	M 4 - 18:17.3(7)	M 5 - 22:59.3(7)
	8	1111	OLSÉN Hans	Sundbybergs IK	28:52.3	4:44.1
		M 1 - 4:37.6(9)	M 2 - 9:30.3(9)	M 3 - 14:22.4(9)	M 4 - 19:13.9(9)	M 5 - 24:03.9(8)
	9	1109	STRIDH Jan	Skogsluffarnas OK	29:08.5	5:00.3
		M 1 - 4:26.2(8)	M 2 - 9:14.5(8)	M 3 - 14:13.5(8)	M 4 - 19:08.2(8)	M 5 - 24:09.4(9)
	10	1112	SVENSSON Dag	IKJ Haninge	32:47.3	8:39.1
		M 1 - 5:02.0(10)	M 2 - 10:29.4(10)	M 3 - 16:02.8(10)	M 4 - 21:42.2(10)	M 5 - 27:17.6(10)
H 45-			Intervallstart fri stil			
	1	1127	LAVÉN Anders	Täby IS SK	23:01.5	0.0

DM Stockholm/Södermanland

OFFICIELLA RESULTAT

Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
H 45-	Intervallstart fri stil					
	M 1 - 3:32.7(1)		M 2 - 7:24.6(1)	M 3 - 11:16.3(1)	M 4 - 15:09.5(1)	M 5 - 19:03.2(1)
2	1125	ERIKSSON Anders		IKJ Haninge	23:25.1	23.6
	M 1 - 3:41.3(2)		M 2 - 7:32.6(2)	M 3 - 11:31.8(2)	M 4 - 15:30.5(2)	M 5 - 19:28.2(2)
3	1126	TINGSTRÖM Ulf		IKJ Haninge	23:40.0	38.5
	M 1 - 3:44.1(4)		M 2 - 7:42.7(3)	M 3 - 11:36.8(3)	M 4 - 15:35.1(3)	M 5 - 19:37.1(3)
4	1133	SJÖGREN Niclas		Södertälje IF	23:42.1	40.6
	M 1 - 3:51.1(7)		M 2 - 7:47.9(5)	M 3 - 11:49.3(5)	M 4 - 15:52.3(5)	M 5 - 19:44.6(4)
5	1121	AHNBRINK Henrik		Sundbybergs IK	23:57.5	56.0
	M 1 - 3:44.6(5)		M 2 - 7:47.1(4)	M 3 - 11:49.0(4)	M 4 - 15:51.1(4)	M 5 - 19:54.2(5)
6	1122	SVENSSON Anders		Sundbybergs IK	24:29.0	1:27.5
	M 1 - 3:49.2(6)		M 2 - 7:55.9(6)	M 3 - 12:02.7(6)	M 4 - 16:10.1(6)	M 5 - 20:19.0(6)
7	1128	LINDSKOG Mårten		IKJ Haninge	24:58.7	1:57.2
	M 1 - 4:06.2(11)		M 2 - 8:20.6(11)	M 3 - 12:33.2(9)	M 4 - 16:41.3(7)	M 5 - 20:51.3(7)
8	1129	PERSSON Tomas		Stockholms RK	25:37.8	2:36.3
	M 1 - 4:01.2(10)		M 2 - 8:14.4(8)	M 3 - 12:31.4(8)	M 4 - 16:49.1(9)	M 5 - 21:08.9(8)
9	1130	ÅBERG Jerker		Tumba-Mälärhöjden OK	25:40.4	2:38.9
	M 1 - 3:43.6(3)		M 2 - 7:59.9(7)	M 3 - 12:23.4(7)	M 4 - 16:49.0(8)	M 5 - 21:17.9(9)
10	1134	THOLANDER Jakob		Sundbybergs IK	25:46.8	2:45.3
	M 1 - 3:59.7(8)		M 2 - 8:17.2(10)	M 3 - 12:40.1(11)	M 4 - 17:01.1(11)	M 5 - 21:24.7(11)
11	1123	MELIN Håkan		Sundbybergs IK	25:54.1	2:52.6
	M 1 - 3:59.7(9)		M 2 - 8:15.9(9)	M 3 - 12:34.6(10)	M 4 - 17:00.0(10)	M 5 - 21:29.2(12)
	1132	OLOFSSON Håkan		Hällbybrunns IF	25:54.1	2:52.6
	M 1 - 4:08.5(12)		M 2 - 8:26.6(12)	M 3 - 12:44.5(12)	M 4 - 17:01.8(12)	M 5 - 21:24.4(10)
13	1124	AASTRUP Teodor		Täby IS SK	29:24.0	6:22.5
	M 1 - 4:33.8(14)		M 2 - 9:23.3(14)	M 3 - 14:18.1(14)	M 4 - 19:17.1(14)	M 5 - 24:22.1(14)
14	1131	HAMMARSON Göran		Stockholms RK	35:49.0	12:47.5
	M 1 - 4:10.6(13)		M 2 - 8:32.6(13)	M 3 - 12:59.1(13)	M 4 - 17:27.5(13)	M 5 - 21:59.5(13) M 6 - 26:31.6(1) M 7 - 31:11.6(1)

DM Stockholm/Södermanland

OFFICIELLA RESULTAT

Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
H 40-	Intervallstart fri stil					
	1	1139	MYHR Johan	Nacka Värmdö SK	23:26.1	0.0
	M 1 - 3:27.8(1)	M 2 - 7:14.9(1)	M 3 - 11:16.1(1)	M 4 - 15:14.1(1)	M 5 - 19:21.3(1)	
	2	1137	WÄNELL Anders	Sundbybergs IK	23:57.3	31.2
	M 1 - 3:53.5(3)	M 2 - 7:58.1(2)	M 3 - 11:56.5(2)	M 4 - 15:54.5(2)	M 5 - 19:58.5(2)	
	3	1143	OLSSON Joakim	Trosabygdens OK	24:31.9	1:05.8
	M 1 - 4:01.6(6)	M 2 - 8:09.3(6)	M 3 - 12:18.5(3)	M 4 - 16:26.0(3)	M 5 - 20:28.2(3)	
	4	1142	WARRÉN Ola	Turebergs IF	24:58.9	1:32.8
	M 1 - 4:00.2(5)	M 2 - 8:07.3(4)	M 3 - 12:23.3(5)	M 4 - 16:35.5(5)	M 5 - 20:45.0(4)	
	5	1136	HÖGLUND Martin	Sundbybergs IK	25:09.8	1:43.7
	M 1 - 3:55.4(4)	M 2 - 8:08.4(5)	M 3 - 12:18.9(4)	M 4 - 16:32.7(4)	M 5 - 20:54.8(5)	
	6	1138	KARLSSON Torbjörn	Täby IS SK	26:02.8	2:36.7
	M 1 - 3:45.4(2)	M 2 - 8:06.5(3)	M 3 - 12:39.3(6)	M 4 - 17:15.6(7)	M 5 - 21:41.3(7)	
	7	1135	HÜBINETTE Anders	Sundbybergs IK	26:04.4	2:38.3
	M 1 - 4:06.7(7)	M 2 - 8:27.7(7)	M 3 - 12:50.5(7)	M 4 - 17:13.0(6)	M 5 - 21:39.3(6)	
	8	1140	MOVÉRARE Anders	IKJ Haninge	26:13.4	2:47.3
	M 1 - 4:08.6(8)	M 2 - 8:33.5(8)	M 3 - 13:03.5(8)	M 4 - 17:30.9(8)	M 5 - 21:56.3(8)	
	9	1141	SÖDERSTRÖM David	Sundbybergs IK	28:38.7	5:12.6
	M 1 - 4:23.2(9)	M 2 - 9:15.7(9)	M 3 - 14:06.1(9)	M 4 - 18:51.4(9)	M 5 - 23:51.8(9)	
H 35-	Intervallstart fri stil					
	1	1147	KARLBERG Tomas	Nacka Värmdö SK	22:49.2	0.0
	M 1 - 3:29.3(1)	M 2 - 7:20.2(1)	M 3 - 11:11.7(1)	M 4 - 15:03.0(1)	M 5 - 18:57.4(1)	
	2	1145	ADELER Erik	Nacka Värmdö SK	25:16.2	2:27.0
	M 1 - 4:07.5(2)	M 2 - 8:11.0(2)	M 3 - 12:22.6(2)	M 4 - 16:38.8(2)	M 5 - 20:52.9(2)	
	3	1146	HAAS Christoffer	Yuppie Ski Club	29:56.8	7:07.6
	M 1 - 4:36.5(3)	M 2 - 9:40.2(3)	M 3 - 14:47.4(3)	M 4 - 19:52.2(3)	M 5 - 24:56.4(3)	

DM Stockholm/Södermanland

OFFICIELLA RESULTAT

Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
H 21-			Intervallstart fri stil			
	1	1173	STEN Adam	AXA SC	20:23.0	0.0
			M 1 - 3:12.5(2) M 2 - 6:35.8(2) M 3 - 10:00.9(1)	M 4 - 13:26.8(1) M 5 - 16:56.6(1)		
	2	1177	AFLODAL Gustav	Sundbybergs IK	20:43.7	20.7
			M 1 - 3:10.2(1) M 2 - 6:32.9(1) M 3 - 10:04.0(2)	M 4 - 13:38.1(2) M 5 - 17:13.1(2)		
	3	1175	HERBERT Martin	Sundbybergs IK	20:53.4	30.4
			M 1 - 3:16.8(3) M 2 - 6:44.0(3) M 3 - 10:13.4(3)	M 4 - 13:47.0(3) M 5 - 17:21.3(3)		
	4	1171	AFLODAL Axel	Sundbybergs IK	21:03.3	40.3
			M 1 - 3:19.4(4) M 2 - 6:53.7(4) M 3 - 10:33.8(5)	M 4 - 14:07.4(5) M 5 - 17:37.3(4)		
	5	1152	LIND Patrik	Tunafors SK	21:29.3	1:06.3
			M 1 - 3:23.3(6) M 2 - 6:53.8(5) M 3 - 10:25.3(4)	M 4 - 14:05.2(4) M 5 - 17:48.2(5)		
	6	1179	HERBERT Johan	Sundbybergs IK	21:46.5	1:23.5
			M 1 - 3:27.7(9) M 2 - 7:03.7(9) M 3 - 10:41.6(6)	M 4 - 14:24.3(7) M 5 - 18:07.9(6)		
	7	1165	JONSSON Gustav	Hällbybrunns IF	21:54.9	1:31.9
			M 1 - 3:24.4(7) M 2 - 7:01.1(6) M 3 - 10:42.6(7)	M 4 - 14:23.5(6) M 5 - 18:09.2(7)		
	8	1163	THUNVALL Peter	IKJ Haninge	21:58.6	1:35.6
			M 1 - 3:26.4(8) M 2 - 7:01.9(7) M 3 - 10:46.2(9)	M 4 - 14:27.8(8) M 5 - 18:11.3(8)		
	9	1153	ZEFFER Anders	Mälärö SOK	22:08.0	1:45.0
			M 1 - 3:22.5(5) M 2 - 7:02.2(8) M 3 - 10:43.9(8)	M 4 - 14:29.2(9) M 5 - 18:16.8(9)		
	10	1162	EKLÖW Niclas	Sundbybergs IK	22:19.3	1:56.3
			M 1 - 3:30.3(10) M 2 - 7:05.9(10) M 3 - 10:47.7(10)	M 4 - 14:40.5(10) M 5 - 18:31.7(10)		
	11	1168	LILLSJÖ Linus	Hällbybrunns IF	22:39.6	2:16.6
			M 1 - 3:39.9(16) M 2 - 7:30.6(13) M 3 - 11:24.0(13)	M 4 - 15:08.0(12) M 5 - 18:54.9(12)		
	12	1159	LINGFORS David	IF Hallby SOK	22:43.2	2:20.2
			M 1 - 3:36.5(12) M 2 - 7:20.3(11) M 3 - 11:06.5(11)	M 4 - 14:56.7(11) M 5 - 18:48.3(11)		
	13	1166	ÖSTLING Adam	Sundbybergs IK	23:11.2	2:48.2
			M 1 - 3:41.8(17) M 2 - 7:39.6(15) M 3 - 11:24.2(14)	M 4 - 15:30.7(15) M 5 - 19:17.6(14)		
	14	1164	BRÖTE Oscar	Sundbybergs IK	23:12.5	2:49.5
			M 1 - 3:36.0(11) M 2 - 7:25.1(12) M 3 - 11:21.6(12)	M 4 - 15:18.6(13) M 5 - 19:16.2(13)		
	15	1150	ANDERSSON Mikael	Turebergs IF	23:36.5	3:13.5
			M 1 - 3:50.8(24) M 2 - 7:47.2(20) M 3 - 11:42.8(18)	M 4 - 15:38.1(16) M 5 - 19:36.3(16)		
	16	1176	KARLSSON Ola	Vaxholms RF	23:56.6	3:33.6
			M 1 - 3:38.8(13) M 2 - 7:40.5(16) M 3 - 11:42.8(17)	M 4 - 15:49.2(18) M 5 - 19:54.2(18)		
	17	1154	KAMPEGÅRD Göran	IKJ Haninge	23:57.9	3:34.9
			M 1 - 3:44.4(19) M 2 - 7:42.6(18) M 3 - 11:41.1(16)	M 4 - 15:41.6(17) M 5 - 19:47.6(17)		
	18	1149	JOHANSSON Viktor	Sundbybergs IK	23:58.8	3:35.8
			M 1 - 3:39.7(15) M 2 - 7:44.4(19) M 3 - 11:48.7(19)	M 4 - 15:53.7(19) M 5 - 19:57.1(19)		
	19	1156	ELLOW Anders	Hällbybrunns IF	24:10.6	3:47.6

DM Stockholm/Södermanland

OFFICIELLA RESULTAT

Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.			
H 21- Intervallstart fri stil									
			M 1 - 3:47.1(22)	M 2 - 7:50.2(22)	M 3 - 11:55.6(22)	M 4 - 16:00.9(20)	M 5 - 20:03.3(20)		
	20	1161	RAMBERG Håkan	Hällbybrunns IF	24:18.9	3:55.9			
			M 1 - 3:43.5(18)	M 2 - 7:48.3(21)	M 3 - 11:53.5(21)	M 4 - 16:01.9(21)	M 5 - 20:10.7(21)		
	21	1174	JOHANSSON Erik	Trosabygdens OK	24:20.0	3:57.0			
			M 1 - 3:44.6(20)	M 2 - 7:41.9(17)	M 3 - 11:53.1(20)	M 4 - 16:05.2(22)	M 5 - 20:15.4(22)		
	22	1157	KARLSSON Pontus	Turebergs IF	24:34.7	4:11.7			
			M 1 - 3:48.5(23)	M 2 - 7:54.9(23)	M 3 - 12:03.5(23)	M 4 - 16:16.5(23)	M 5 - 20:26.4(23)		
	23	1155	NIPER Carl Henrik	IKJ Haninge	24:59.6	4:36.6			
			M 1 - 3:59.6(25)	M 2 - 8:05.7(25)	M 3 - 12:13.1(24)	M 4 - 16:23.0(24)	M 5 - 20:37.3(24)		
	24	1170	JOHANSSON Victor	Korsnäs IF SK	25:26.9	5:03.9			
			M 1 - 3:46.5(21)	M 2 - 7:56.7(24)	M 3 - 12:14.1(25)	M 4 - 16:35.1(25)	M 5 - 21:05.7(25)		
	25	1158	JENSEN Magnus	AXA SC	25:28.8	5:05.8			
			M 1 - 4:10.8(26)	M 2 - 8:19.6(26)	M 3 - 12:30.3(26)	M 4 - 16:52.1(26)	M 5 - 21:13.1(26)		
	26	1148	BOSTRÖM Anders	Sundbybergs IK	27:03.5	6:40.5			
			M 1 - 4:18.8(27)	M 2 - 8:37.3(27)	M 3 - 13:10.2(27)	M 4 - 17:40.1(27)	M 5 - 22:15.5(27)		
	27	1178	LAGERQUIST Marcus	Sundbybergs IK	27:19.2	6:56.2			
			M 1 - 3:38.9(14)	M 2 - 7:34.8(14)	M 3 - 11:30.3(15)	M 4 - 15:27.5(14)	M 5 - 19:24.8(15)	M 6 - 23:23.7(1)	
	28	1167	HULTGREEN WELTZIEN Espen	Sundbybergs IK	30:24.4	10:01.4			
			M 1 - 11:04.5(29)	M 2 - 14:46.0(29)	M 3 - 18:40.9(29)	M 4 - 22:33.4(29)	M 5 - 26:32.2(29)		
	29	1172	HYDÉN Jonas	Yuppie Ski Club	30:56.1	10:33.1			
			M 1 - 4:40.9(28)	M 2 - 9:54.1(28)	M 3 - 15:08.9(28)	M 4 - 20:28.7(28)	M 5 - 25:45.1(28)		
H 17-20 Intervallstart fri stil									
	1	1181	CARLSSON Christoffer	IKJ Haninge	18:40.3	0.0			
			M 1 - 4:29.5(1)	M 2 - 9:06.5(1)	M 3 - 13:55.3(1)				
	2	1180	LAGERQVIST Oskar	IKJ Haninge	20:14.6	1:34.3			
			M 1 - 4:38.9(2)	M 2 - 9:35.7(2)	M 3 - 14:54.5(2)				
H 75- Intervallstart fri stil									
	1	1182	LARSSON LUSSI Ernst	Sundbybergs IK	56:58.5	0.0			
			M 1 - 7:23.1(1)	M 2 - 14:59.8(1)	M 3 - 22:50.0(1)	M 4 - 30:53.7(1)	M 5 - 39:22.2(1)	M 6 - 48:15.3(1)	

DM Stockholm/Södermanland

OFFICIELLA RESULTAT

Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
H 70-	Intervallstart fri stil					
	1	1185	FORSBERG Artur	SK Linden	19:20.1	0.0
	M 1 - 4:29.7(1)		M 2 - 9:30.2(1)	M 3 - 14:24.4(1)		
	2	1183	KULLMAN Ingvar	SK Linden	20:00.8	40.7
	M 1 - 4:48.7(2)		M 2 - 9:51.0(2)	M 3 - 14:54.8(2)		
	3	1184	KOHVAKKA Eero	SK Linden	24:31.8	5:11.7
	M 1 - 5:41.5(3)		M 2 - 11:57.4(3)	M 3 - 18:13.9(3)		
H 65-	Intervallstart fri stil					
	1	1187	BERGLUND Kjell	Mälarö SOK	21:58.0	0.0
	M 1 - 5:03.5(1)		M 2 - 10:45.6(1)	M 3 - 16:23.9(1)		
H 60-	Intervallstart fri stil					
	1	1190	ERIKSSON Per	Nyköpings OK	19:26.4	0.0
	M 1 - 4:42.3(1)		M 2 - 9:39.6(1)	M 3 - 14:39.3(1)		
	2	1189	PERSSON Karl-Åke	Järfälla Skidklubb	19:49.7	23.3
	M 1 - 4:46.4(2)		M 2 - 9:44.0(2)	M 3 - 14:54.7(2)		
	3	1188	KÄSJÖ Hans	Sundbybergs IK	20:25.6	59.2
	M 1 - 4:52.7(3)		M 2 - 10:04.6(3)	M 3 - 15:15.1(3)		
D 55-	Intervallstart fri stil					
	1	102	KREISS Gunilla	Järla Orientering	22:45.7	0.0
	M 1 - 5:23.0(1)		M 2 - 11:10.9(1)	M 3 - 16:59.0(1)		
	2	101	ALA-UOTILA Pirjo	Sundbybergs IK	23:17.4	31.7
	M 1 - 5:31.1(2)		M 2 - 11:22.3(2)	M 3 - 17:17.7(2)		
	3	103	LIND Eva	Tunafors SK	39:45.5	16:59.8
	M 1 - 9:49.3(3)		M 2 - 19:46.8(3)	M 3 - 29:41.1(3)		

DM Stockholm/Södermanland

OFFICIELLA RESULTAT

Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
D 45-	Intervallstart fri stil					
	1	105	LIDMAN Anne-Li	Sundbybergs IK	18:11.8	0.0
			M 1 - 4:13.6(1) M 2 - 8:51.4(1) M 3 - 13:32.7(1)			
	2	107	SVÄRDSTRÖM Anna	Sundbybergs IK	18:15.9	4.1
			M 1 - 4:24.9(2) M 2 - 9:04.0(2) M 3 - 13:42.4(2)			
	3	109	ÅBERG Anna	IKJ Haninge	18:47.0	35.2
			M 1 - 4:35.0(3) M 2 - 9:20.0(3) M 3 - 14:04.2(3)			
	4	104	PROFIR Daniela	Sundbybergs IK	19:07.3	55.5
			M 1 - 4:35.0(3) M 2 - 9:20.2(4) M 3 - 14:12.9(4)			
	5	115	PRTIC Ingela	Sundbybergs IK	19:09.7	57.9
			M 1 - 4:35.9(5) M 2 - 9:23.4(5) M 3 - 14:17.4(5)			
	6	110	BACKE Maria	Stockholms RK	19:36.5	1:24.7
			M 1 - 4:42.2(6) M 2 - 9:40.7(6) M 3 - 14:41.9(6)			
	7	118	GAHNE Ingela	Enebybergs IF	19:53.8	1:42.0
			M 1 - 4:47.6(7) M 2 - 9:49.1(7) M 3 - 14:47.6(7)			
	8	117	ADEBRANT Helena	Tumba-Mälärhöjden OK	20:16.0	2:04.2
			M 1 - 4:55.8(8) M 2 - 10:02.1(8) M 3 - 15:09.6(8)			
	9	114	SÖDERSTRÖM Anna-Karin	Sundbybergs IK	21:10.7	2:58.9
			M 1 - 5:32.2(11) M 2 - 10:46.3(10) M 3 - 15:56.8(9)			
	10	113	HÖGLUND Karin	Sundbybergs IK	21:29.3	3:17.5
			M 1 - 5:04.3(9) M 2 - 10:35.0(9) M 3 - 16:05.3(10)			
	11	111	JOGRENIUS Anna	Stockholms RK	23:24.9	5:13.1
			M 1 - 5:40.1(12) M 2 - 11:28.8(11) M 3 - 17:27.8(11)			
	12	106	JANSSON Susanne	Sundbybergs IK	23:46.4	5:34.6
			M 1 - 5:49.6(14) M 2 - 11:55.9(13) M 3 - 17:55.0(13)			
	13	116	ALMLUND Johanna	IKJ Haninge	23:51.5	5:39.7
			M 1 - 5:31.0(10) M 2 - 11:38.8(12) M 3 - 17:45.4(12)			
	14	108	CHRISTENSEN Anna	IKJ Haninge	24:34.0	6:22.2
			M 1 - 5:48.8(13) M 2 - 12:00.9(14) M 3 - 18:12.0(14)			
	15	112	ALLGULANDER Helena	Sundbybergs IK	24:42.3	6:30.5
			M 1 - 5:52.9(15) M 2 - 12:10.9(15) M 3 - 18:26.5(15)			

DM Stockholm/Södermanland

OFFICIELLA RESULTAT

Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
D 35-	Intervallstart fri stil					
	1	120	MOVÉRARE Jessica	IKJ Haninge	18:29.3	0.0
	M 1 - 4:12.3(1)		M 2 - 8:53.3(1)		M 3 - 13:38.0(1)	
	2	124	NILSSON Kristin	Bromma-Vällingby SOK	19:01.0	31.7
	M 1 - 4:29.6(2)		M 2 - 9:19.8(2)		M 3 - 14:11.1(2)	
	3	119	RAMSTEDT Jenny	Sundbybergs IK	19:07.3	38.0
	M 1 - 4:35.6(3)		M 2 - 9:23.0(3)		M 3 - 14:15.6(3)	
	4	121	ÅBERG Therese	Sundbybergs IK	20:32.1	2:02.8
	M 1 - 5:00.8(4)		M 2 - 10:12.2(4)		M 3 - 15:25.3(4)	
D 21-	Intervallstart fri stil					
	1	132	BÖRJESJÖ Malin	Sundbybergs IK	15:54.5	0.0
	M 1 - 3:44.2(1)		M 2 - 7:45.2(1)		M 3 - 11:49.5(1)	
	2	125	LÖFÅS Elin	Turebergs IF	17:02.0	1:07.5
	M 1 - 4:06.3(2)		M 2 - 8:25.3(2)		M 3 - 12:42.2(2)	
	3	131	KARLSSON BIERFELDT Sandra	Hällbybrunns IF	17:48.9	1:54.4
	M 1 - 4:11.9(3)		M 2 - 8:40.1(3)		M 3 - 13:12.2(3)	
	4	127	JANSSON Emma	Sundbybergs IK	19:02.0	3:07.5
	M 1 - 4:28.3(4)		M 2 - 9:16.1(4)		M 3 - 14:07.1(4)	
	5	129	NORLÉN Emelie	Sundbybergs IK	20:34.4	4:39.9
	M 1 - 4:59.2(6)		M 2 - 10:14.6(6)		M 3 - 15:25.7(5)	
	6	128	HYLANDER Ida	Nyköpings OK	20:44.1	4:49.6
	M 1 - 4:53.3(5)		M 2 - 10:08.2(5)		M 3 - 15:26.2(6)	
	7	126	JUNKER Johanna	Tunafors SK	22:35.2	6:40.7
	M 1 - 5:26.9(7)		M 2 - 11:09.8(7)		M 3 - 16:53.0(7)	
H 15-16	Intervallstart fri stil					
	1	903	MELIN Alexander	Sundbybergs IK	12:19.7	0.0
	M 1 - 3:51.8(1)		M 2 - 8:00.3(1)			
	2	905	BIERFELDT Pontus	Hällbybrunns IF	12:44.8	25.1
	M 1 - 4:00.0(2)		M 2 - 8:21.3(2)			
	3	906	RÖSTIN Elias	Söders-Tyresö	12:47.8	28.1
	M 1 - 4:00.3(3)		M 2 - 8:26.5(3)			
	4	902	JOSEFSSON Johannes	Täby IS SK	13:43.4	1:23.7
	M 1 - 4:14.3(4)		M 2 - 8:54.5(4)			
	5	904	SVENSSON Carl	Sundbybergs IK	15:03.8	2:44.1
	M 1 - 4:56.1(5)		M 2 - 10:02.6(5)			

DM Stockholm/Södermanland

OFFICIELLA RESULTAT

Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
H 13-14 Intervallstart fri stil						
	1	916	SKOGLUND Måns	Täby IS SK	7:41.2	0.0
			M 1 - 3:42.6(1)			
	2	914	BORG David	Oxvretens SK	7:50.6	9.4
			M 1 - 3:52.9(2) M 2 - 7:50.6(1)			
	3	909	KARLSSON Gustav	Sundbybergs IK	8:14.2	33.0
			M 1 - 4:01.7(3)			
	4	924	SÖDERQVIST Gabriel	Storvreta IK	8:20.4	39.2
			M 1 - 4:03.1(4)			
	5	918	RUNE Calle	Täby IS SK	8:25.1	43.9
			M 1 - 4:06.4(5)			
	6	919	ENETJÄRN Hugo	Nyköpings OK	8:31.6	50.4
			M 1 - 4:08.6(6)			
	7	907	FORNGREN Philip	Täby IS SK	9:09.1	1:27.9
			M 1 - 4:30.1(7)			
	8	910	KARLSSON Axel	Täby IS SK	9:33.0	1:51.8
			M 1 - 4:33.8(8)			
	9	908	MELIN Alvar	IKJ Haninge	9:42.9	2:01.7
			M 1 - 4:46.2(11)			
		922	LUNDKVIST Jacob	Sundbybergs IK	9:42.9	2:01.7
			M 1 - 4:38.5(9)			
	11	913	MATTSSON Albert	Sundbybergs IK	9:49.6	2:08.4
			M 1 - 4:44.2(10)			
	12	926	IVARSSON Lukas	Bålsta SK	9:49.7	2:08.5
			M 1 - 4:46.9(12)			
	13	912	LÖNNKVIST Helmer	IKJ Haninge	10:10.0	2:28.8
			M 1 - 4:59.8(14)			
	14	925	HELLDÉN Walter	Sundbybergs IK	10:15.1	2:33.9
			M 1 - 4:59.9(15)			
	15	915	DANIELSSON Erik	Nacka Värmdö SK	10:20.6	2:39.4
			M 1 - 5:01.1(16)			
	16	911	SANDBERG Leo	Sundbybergs IK	10:26.1	2:44.9
			M 1 - 5:06.3(18)			
	17	921	BALCK Otto	Täby IS SK	10:26.3	2:45.1
			M 1 - 5:06.4(19) M 2 - 10:26.3(2)			
	18	929	ADEBRANT Elias	Tumba-Mälarhöjden OK	10:30.0	2:48.8
			M 1 - 5:02.2(17)			
	19	917	LÖNNQVIST Niklas	Ärla IF	10:40.4	2:59.2

DM Stockholm/Södermanland

OFFICIELLA RESULTAT

Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
H 13-14 Intervallstart fri stil						
		M 1 - 4:56.1(13)	M 2 - 10:40.4(3)			
	20	923	SÖDERQVIST Lucas	Storvreta IK	10:46.6	3:05.4
		M 1 - 5:07.0(20)				
	21	920	EDVARDSSON Ture	Mälare SOK	10:51.7	3:10.5
		M 1 - 5:16.7(21)				
	22	927	ERIKSSON Calle	Bålsta SK	11:33.0	3:51.8
		M 1 - 5:27.5(22)				
D 15-16 Intervallstart fri stil						
	1	932	LAVÉN Olivia	Täby IS SK	12:52.6	0.0
		M 1 - 4:06.0(2)	M 2 - 8:32.8(2)			
	2	930	SVENSSON Signe	IKJ Haninge	13:02.2	9.6
		M 1 - 4:03.9(1)	M 2 - 8:32.0(1)			
	3	934	BOLIN Klara	Tumba-Mälardalens OK	17:25.8	4:33.2
		M 1 - 5:23.2(3)	M 2 - 11:21.1(3)			
	4	933	ADEBRANT Ebba	Tumba-Mälardalens OK	18:38.7	5:46.1
		M 1 - 5:37.4(4)	M 2 - 12:02.2(4)			
	5	931	CHRISTENSEN Evelina	IKJ Haninge	18:41.1	5:48.5
		M 1 - 5:50.5(5)	M 2 - 12:25.6(5)			
D 13-14 Intervallstart fri stil						
	1	936	KARLSSON Ebba	Täby IS SK	8:36.3	0.0
		M 1 - 4:04.2(1)				
	2	935	NYSTEDT Lisa	Täby IS SK	9:17.2	40.9
		M 1 - 4:29.2(2)				
	3	940	SJÖHOLM Louisa	Sundbybergs IK	9:31.4	55.1
		M 1 - 4:39.7(3)				
	4	942	BIERFELDT Malin	Hällbybrunns IF	9:44.3	1:08.0
		M 1 - 4:45.5(4)				
	5	939	AHNBRINK Josefin	Sundbybergs IK	9:52.0	1:15.7
		M 1 - 4:51.1(5)				
	6	941	BENNETT Agnes	Täby IS SK	10:31.6	1:55.3
		M 1 - 4:58.0(6)				
	7	938	LIWELL Agnes	Oxvretens SK	10:37.3	2:01.0
		M 1 - 5:07.3(7)				

DM Stockholm/Södermanland

OFFICIELLA RESULTAT

Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
H 11-12 Intervallstart fri stil						
	1	947	EKBERG Arvid	Nacka Värmdö SK	9:22.3	0.0
			M 1 - 4:31.3(2)			
	2	945	THOLANDER Ruben	Sundbybergs IK	9:23.9	1.6
			M 1 - 4:30.8(1)			
	3	956	FOCHSEN Johan	Täby IS SK	9:37.9	15.6
			M 1 - 4:40.2(3)			
	4	955	STERNER Wilhelm	Täby IS SK	9:56.9	34.6
			M 1 - 4:53.8(4)			
	5	960	HELMIN Alexander	Ärla IF	10:06.8	44.5
			M 1 - 4:54.4(5)			
	6	946	AASTRUP Vigor	Täby IS SK	10:18.4	56.1
			M 1 - 5:01.5(7)			
	7	959	SKOGSJÖ Gustav	Skogsluffarnas OK	10:21.5	59.2
			M 1 - 5:01.1(6)			
	8	964	JOHANSSON Ludvig	Korsnäs IF SK	10:23.9	1:01.6
			M 1 - 5:05.0(8)			
	9	950	STRÖMBLAD Oskar	Täby IS SK	10:37.3	1:15.0
			M 1 - 5:09.7(9)			
	10	951	PETTERSSON Tobias	Nacka Värmdö SK	10:41.6	1:19.3
			M 1 - 5:16.4(10)			
	11	952	SÖDERSTRÖM Alvin	Sundbybergs IK	11:05.8	1:43.5
			M 1 - 5:28.2(12)			
	12	957	ANDERSEN Oskar	IKJ Haninge	11:06.4	1:44.1
			M 1 - 5:28.5(13)			
	13	965	WAHLSTRÖM Allan	Bålsta SK	11:11.4	1:49.1
			M 1 - 5:24.3(11)			
	14	944	KARLSSON Olle	Sundbybergs IK	11:18.2	1:55.9
			M 1 - 5:33.3(14)			
	15	948	RUDEHILL-SUNDELL Axel	Nacka Värmdö SK	11:38.8	2:16.5
			M 1 - 5:35.9(15)			
	16	962	NILSSON Anders	Bromma-Vällingby SOK	11:39.5	2:17.2
			M 1 - 5:45.7(17)			
	17	954	BRÖMS-THELL Rafael	Täby IS SK	11:49.3	2:27.0
			M 1 - 5:45.5(16)			
	18	963	WIDEGREN Lukas	Mälare SOK	12:14.6	2:52.3
			M 1 - 5:59.3(18)			
	19	958	ÅKESSON Joel	IKJ Haninge	12:59.4	3:37.1

DM Stockholm/Södermanland

OFFICIELLA RESULTAT

Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
H 11-12 Intervallstart fri stil						
		M 1 - 6:13.8(19)				
	20	943	STRIDH Simon	Skogsluffarnas OK	13:35.3	4:13.0
		M 1 - 6:45.0(21)				
	21	961	CARLSSON Emil	Täby IS SK	13:39.4	4:17.1
		M 1 - 6:43.0(20)				
	22	953	BALCK Axel	Täby IS SK	14:52.1	5:29.8
		M 1 - 7:03.0(22)				
D 11-12 Intervallstart fri stil						
	1	967	LAVÉN Erika	Täby IS SK	9:36.1	0.0
		M 1 - 4:38.2(1)				
	2	966	BORG Klara	Oxvretens SK	10:30.7	54.6
		M 1 - 5:03.8(2)				
	3	969	JOSEFSSON Tilde	Täby IS SK	10:37.3	1:01.2
		M 1 - 5:18.1(4)				
	4	976	ÅBERG Kerstin	Tumba-Mälarhöjden OK	10:44.1	1:08.0
		M 1 - 5:08.6(3)				
	5	972	LIWELL Ella	Oxvretens SK	11:11.8	1:35.7
		M 1 - 5:33.9(6)				
	6	979	SKÅNINGER Klara	Täby IS SK	11:16.2	1:40.1
		M 1 - 5:31.9(5)				
	7	977	KARLSSON Fanny	Täby IS SK	11:35.4	1:59.3
		M 1 - 5:33.9(7)				
	8	975	PRTIC Bella	Sundbybergs IK	13:01.5	3:25.4
		M 1 - 6:08.2(8)				
	9	978	DAHLQVIST Ingrid	Täby IS SK	13:27.6	3:51.5
		M 1 - 6:20.5(9)				
	10	968	LAGERQVIST Rebecca	IKJ Haninge	14:27.7	4:51.6
		M 1 - 6:58.6(10)				
	11	973	APPELQUIST Lisa	Mälarö SOK	14:36.6	5:00.5
		M 1 - 7:13.5(11)				
	12	970	YLIPÄÄ Stina	Mälarö SOK	14:49.9	5:13.8
		M 1 - 7:18.4(12)				

DM Stockholm/Södermanland

OFFICIELLA RESULTAT

Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
H 9-10 Intervallstart fri stil						
	1	984	NEDERHEIM Erik	IKJ Haninge	4:51.2	0.0
	2	985	THYSELL Sebastian	Ärla IF	5:18.6	27.4
	3	1008	LESSING Malte	Sundbybergs IK	5:22.5	31.3
	4	989	RÅDMARK Noah	Täby IS SK	5:31.4	40.2
	5	991	FOCHSEN Jens	Täby IS SK	5:36.9	45.7
	6	986	RUNE Olle	Täby IS SK	5:39.8	48.6
	7	983	AASTRUP Vilmar	Täby IS SK	5:53.9	1:02.7
	8	980	THOLANDER Love	Sundbybergs IK	5:56.9	1:05.7
	9	987	HÖRLING Anton	Sundbybergs IK	6:19.0	1:27.8
	10	990	ENHÖRNING Hugo	Täby IS SK	6:24.0	1:32.8
	11	981	LINDELL Linus	Mälärö SOK	6:24.8	1:33.6
	12	992	LUNDKVIST Oscar	Sundbybergs IK	6:30.5	1:39.3
	13	982	HAGROT Wilmer	Sundbybergs IK	6:40.8	1:49.6
	14	993	FORNGREN Oscar	Täby IS SK	7:00.6	2:09.4
	15	994	ADEBRANT Simon	Tumba-Mälärhöjden OK	7:17.6	2:26.4
D 9-10 Intervallstart fri stil						
	1	1005	SÖDERQVIST Moa	Storvreta IK	5:15.3	0.0
	2	1001	LÖNNQVIST Elin	Ärla IF	5:44.8	29.5
	3	997	JOSEFSSON Agnes	Täby IS SK	5:47.4	32.1
	4	1003	ZEFFER Ida	Mälärö SOK	6:36.5	1:21.2
	5	996	BORG Lovisa	Oxvretens SK	6:54.6	1:39.3
	6	1004	HANIKAT Filippa	IKJ Haninge	6:58.2	1:42.9
	7	995	THUNVALL Meja	IKJ Haninge	7:30.9	2:15.6
	8	1000	MOVERARE Miriam	IKJ Haninge	7:47.7	2:32.4
	9	999	MOVERARE Simone	IKJ Haninge	7:56.4	2:41.1
	10	998	MOVERARE Amilia	IKJ Haninge	8:19.8	3:04.5
	11	1006	WIDEGREN Alva	Mälärö SOK	8:21.5	3:06.2
	12	1002	LUNDQVIST Wilda	Mälärö SOK	8:30.0	3:14.7
	13	1007	OLSSON Olivia	Mälärö SOK	10:09.3	4:54.0
H 0-8 Masstart fri stil						
	157		DAHLBERG Douglas	Mälärö SOK		
	153		SKOGLUND Erik	Täby IS SK		
	156		ROSENQUIST Erik	Täby IS SK		
	152		YLIPÄÄ Junior	Mälärö SOK		
	151		LINDELL Lukas	Mälärö SOK		
	154		ENHÖRNING Max	Täby IS SK		
	155		HELMIN Oskar	Ärla IF		
	158		DOVANDER William	Sundbybergs IK		

DM Stockholm/Södermanland OFFICIELLA RESULTAT

Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
D 0-8			Masstart fri stil			
		163	OLSSON Cornelia	Mälarö SOK		
		162	DAHLBERG Daisy	Mälarö SOK		
		160	ÅHSTRÖM Ella	Sundbybergs IK		
		161	FOCHSEN Hedda	Täby IS SK		
		159	THUNVALL Lina	IKJ Haninge		

DM Stockholm/Södermanland

OFFICIELLA RESULTAT

Antal deltagare: 242

Klass	Plac	Start nr	Namn	Klubb	Totalt	Diff.
EJ PLACERADE		18 åkare				
H 55-	Intervallstart fri stil					
	1101		HAGROT Lars	Sundbybergs IK	EJ START	
	1107		BERGHÅLL Tom	Stockholms RK	EJ START	
H 50-	Intervallstart fri stil					
	1110		NORDÉN Björn	Sundbybergs IK	EJ START	
	1119		LINDÉN Bo	IKJ Haninge	EJ START	
H 40-	Intervallstart fri stil					
	1144		SOHLBERG Fredrik	Täby IS SK	EJ START	
H 21-	Intervallstart fri stil					
	1151		LARSSON Kalle	Kjula IF	EJ START	
	1160		KARLSSON Andreas	Tunafors SK	EJ START	
	1169		RÖNNOLS Jens	Sundbybergs IK		
H 70-	Intervallstart fri stil					
	1186		WIKLUND Olle	SK Linden	EJ START	
D 35-	Intervallstart fri stil					
	123		SKOGSJÖ Erika	Skogsluffarnas OK	EJ START	
D 21-	Intervallstart fri stil					
	130		ZETTERBERG ERIKSSON Åsa	Granbergsdals IF	EJ START	
H 15-16	Intervallstart fri stil					
	901		AHNBRINK Oskar	Sundbybergs IK	EJ START	
H 13-14	Intervallstart fri stil					
	928		CARLSSON Albin	Täby IS SK	EJ START	
D 13-14	Intervallstart fri stil					
	937		EKBERG Lisa	Nacka Värmdö SK	EJ START	
H 11-12	Intervallstart fri stil					
	949		SKOGLUND Hampus	Täby IS SK	EJ START	
D 11-12	Intervallstart fri stil					
	971		CLAESSON Hilma	Tumba-Mälarhöjden OK	EJ START	
	974		EDVARDSSON Vera	Mälarö SOK	EJ START	
H 9-10	Intervallstart fri stil					
	988		EDVARDSSON Tage	Mälarö SOK	EJ START	